



Home of Champions

#FFBE98

# CORNER TEAM 2024 FEES & CLASS SCHEDULE

Child Monthly (Ages 7 - 9) -- \$35

Youth/Teen Monthly (Ages 10 - 18) -- \$45

Adult Monthly (Ages 19 - 61) -- \$55

## Special Categories

University Monthly -- \$40

Senior Monthly -- \$40

Coach Monthly - - \$80 Requires Contract Agreement

Daily Drop In Pass -- \$10

## CORNER TEAM BOXING & FITNESS WEEKLY SCHEDULE

### MONDAY

4:30 - 8:00pm - Open Gym

5:30 - 6:30pm - Youth Boxing (7-9)

5:30 - 8:00pm - Corner Team Amateur Team Training

6:30 - 7:30pm - Adult Boxing (15+)

### TUESDAY

4:30 - 8:00pm - Open Gym

5:30 - 6:30pm - Youth Strength & Conditioning (10-14)

5:30 - 6:30pm - Adult Strength & Conditioning (15+)

5:30 - 8:00pm - Corner Team Amateur Team Training

6:30 - 7:30pm - AfroHeat Dance Workout (\$10/Class)

### WEDNESDAY

4:30 - 8:00pm - Open Gym

5:30 - 6:30pm - Youth Boxing (10-14)

5:30 - 8:00pm - Corner Team Amateur Team Training

6:30 - 7:30pm - Adult Boxing (15+)

### THURSDAY

4:30 - 8:00pm - Open Gym

5:30 - 6:30pm - Youth Strength & Conditioning (10-14)

5:30 - 6:30pm - Adult Strength & Conditioning (15+)

5:30 - 8:00pm - Corner Team Amateur Team Training

6:30 - 7:30pm - AfroHeat Dance Workout (\$10/Class)

### FRIDAY

4:30 - 6:00pm - Open Gym

4:30 - 5:30pm - Adult Boxing Fundamentals (Ages 15+)

### SATURDAY

12:00 - 3:00pm - Open Gym

9:00 - 10:30am - Youth Boxing (7-9)

10:30 - 12:00pm - Youth Boxing (10-14)

10:30 - 1:00pm - Corner Team Amateur Team Training