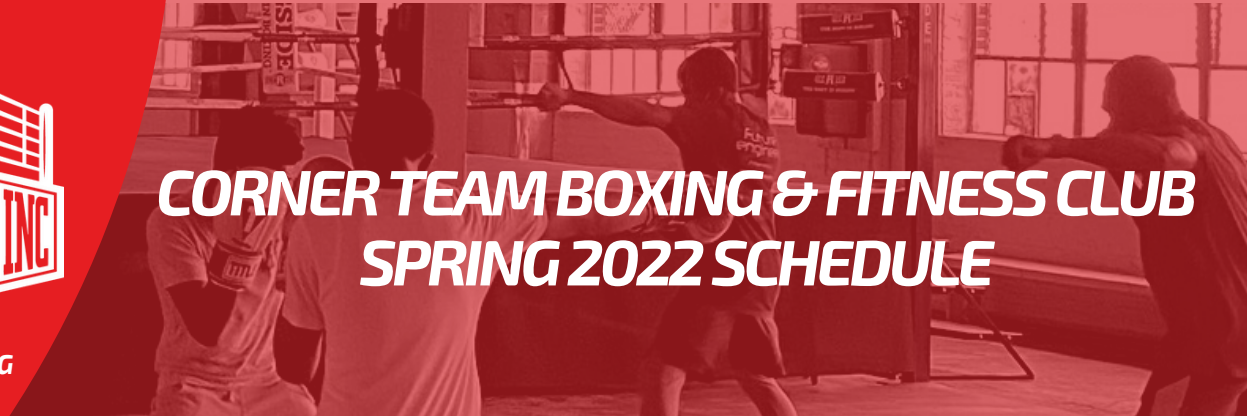




WWW.CORNERTEAM.ORG

CORNER TEAM BOXING & FITNESS CLUB SPRING 2022 SCHEDULE



DAY	CLASS	TIME
M	Youth Boxing Fundamentals (Ages 6-9) Teen Boxing Fundamentals (Ages 14-17) Adult Boxing & Fitness (Ages 18+) *Open Gym 4:30pm-8:00pm*	5:30pm - 6:30pm 6:30pm - 7:30pm 6:30pm - 7:30pm
T	Strength & Conditioning (Ages 14+) <small>Begins Feb. 1, 2022</small> Corner Team Amateur Boxing Club *Open Gym 4:30pm-8:00pm*	5:30pm - 6:30pm 5:30pm - 8:00pm
W	Youth Boxing Fundamentals (Ages 10-13) Women's Power Hour (Ages 18+) *Open Gym 4:30pm-8:00pm*	5:30pm - 6:30pm 6:30pm - 7:30pm 6:30pm - 7:30pm
TH	Strength & Conditioning (Ages 14+) <small>Begins Feb. 1, 2022</small> Corner Team Amateur Boxing Club *Open Gym 4:30pm-8:00pm*	5:30pm - 6:30pm 5:30pm - 8:00pm
F	Teen Boxing & Fitness (Ages 14-17) Adult Boxing & Fitness (Ages 18+) *Open Gym 4:30pm-6:00pm*	4:30pm - 5:30pm 4:30pm - 5:30pm
S	Zumba Youth Boxing Fundamentals (Ages 6-9) Youth Boxing Fundamentals (Ages 10-13) Corner Team Amateur Boxing Club *Open Gym 12:00pm-4:00pm*	9:00am - 10:00am 9:00am - 10:30am 10:30am - 12:00pm 1:00pm - 3:30pm
S	CLOSED	

